



PRIDE+ Staff Network Bulletin

February 2024 - March 2024

News

[Biggest ever survey of trans Americans finds 94% happier after transition](#)

The Guardian, February 2024

The largest survey of transgender Americans ever conducted has found trans people continue to suffer discrimination, harassment and even violence at work, in medicine and at school – but that people who transition have much higher satisfaction in life, and many have supportive families.

[Life on an NHS transgender waiting list](#)

BBC News, March 2024

Waiting lists for all kinds of NHS treatments have been getting longer and longer, but for trans people the wait for a first appointment at a gender identity clinic can now be five years or more - despite a target of just 18 weeks. Here transgender people explain to the BBC how their wait has turned into a nightmare of severe anxiety, despair and in some cases, suicidal thoughts.

[Regulator apologises for past homophobia towards medics](#)

BBC News, February 2024

The UK's medical regulator says it is "truly sorry" for its past homophobia and taking disciplinary action that ended some gay doctors' careers.

[NHS rainbow badge scheme pares back activity after losing funding](#)

BMJ, February 2024

A scheme aimed at fostering inclusivity for LGBTQ+ people in NHS secondary care settings has lost its government funding.

Guidelines, Policies and Reports

[Prohibiting conversion therapy](#)

House of Commons Library, February 2024

The Government has since 2018 committed to a legislative prohibition of conversion therapy. This briefing discusses the proposals and related debate.

[Visible role models would encourage 80% of LGBTQ+ Gen Z to accept job offer, reveals myGwork survey](#)

MyGwork, February 2024

MyGwork surveyed over 2,000 Gen Z students and recent graduates, collecting perceptions and experiences of LGBTQ+ inclusion in their place of study/work.

Research briefings



Library and Knowledge Services

[Discrimination, dysphoria and drinking: hazardous alcohol use in UK trans and non-binary people](#)

The Mental Elf, February 2024

Nora de Bode summarises a cross-sectional study looking at alcohol use in trans and non-binary people living in the UK.

[LGBTQ+ wellbeing inequalities in early to middle adolescence](#)

The Mental Elf, March 2024

Filip Kaleta summarises findings from the #BeeWell study, which explored inequalities in adolescent wellbeing based on gender and sexual identity.

Published research

Culturally sensitive emergency care for sexual and gender minority youth: A quality improvement initiative [email library.lincoln@ulh.nhs.uk to request full article]

International Emergency Nursing, March 2024

Despite evidence of the impact of implicit bias and overt discrimination experienced by sexual and gender minority youth (SGMY) evidence surrounding sexual and gender minority cultural sensitivity training for paediatric emergency health professionals is limited. This project was the first at the institution to focus on culturally sensitive emergency care for SGMY. The content was well received by staff, who demonstrated increased clinical preparedness after the training.

[Healthcare professionals' experiences and perceptions about LGBTIQ+ safety and responsiveness in a mainstream Australian health service: Qualitative findings](#)

Archives of Psychiatric Nursing, February 2024

All health services employ or provide care to consumers, patients, and carers who are diverse in their gender identity, sexual orientation, and/or sex assigned at birth. Equitable, inclusive healthcare delivery and workplace culture are necessary in enhancing mental and physical health and wellbeing outcomes, and to foster positive employment relations. LGBTIQ+ affirming service delivery helps to provide a safer, more inclusive, and supportive health service and work environment.

[Structural stigma and LGBTQ+ health: a narrative review of quantitative studies](#)

The Lancet Public Health, February 2024

Health disparities related to sexual orientation and gender identity exist across multiple outcomes. Scholarship has begun to evaluate whether structural stigma contributes to health burdens among LGBTQ+ individuals. We conducted a comprehensive review of quantitative studies examining this.

Blogs / Commentary / Editorials / Opinion Pieces

LGBT+ History Month: In conversation with...

NHS Providers, February 2024

NHS Providers series interviewing [Dr Michael Farquhar](#) (creator of the NHS Rainbow Badge Scheme) [Dr Kathy McLean](#) (Chair of UHDB) [Professor Kevin Fenton](#) (Office for Health Improvement and Disparities) and [Dr Ranj Singh](#) (paediatrician) on their experiences of being LGBTQ+ in healthcare and the improvements still needed to increase LGBTQ+ inclusion.



[LGBTQ+ trailblazers in healthcare paving the way for inclusivity in the NHS](#)

NHS Providers, February 2024

In the ever-evolving landscape of medicine and healthcare, diversity has always been a cornerstone of progress. Celebrating LGBTQ+ individuals and their contributions to the field is not only a recognition of their talent but a testament to the power of inclusion. The LGBTQ+ community plays a pivotal role in the healthcare sector.

[The importance of place and safe spaces](#)

NHS Employers, February 2024

Reflections on LGBT+ History Month, and the importance of networks in creating safe spaces.

[The King's Fund and LGBTQ+ inclusion: 'Yes, and?'](#)

NHS Employers, February 2024

Alexandra D'Sa (she/her), head of diversity and inclusion at The King's Fund shares insights on the progress they have made on their journey to become a more inclusive organisation, reflecting on intent, action and the importance of collaboration.

[What LGBTQ+ history tells us about healthcare staff today](#)

NHS Confederation, February 2024

What does it mean to be an LGBTQ+ person working in healthcare today? With this year's LGBT+ History Month celebrating the contribution of LGBTQ+ people to medicine and healthcare, conversations keep pivoting to this fundamental question.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Revolutionary Acts: Love & Brotherhood in Black Gay Britain by Jason Okundaye

Detailing the personal struggles, political fights and joyous celebrations of seven older gay Black British men, Okundaye's groundbreaking volume chronicles a national narrative hitherto sadly neglected.

Here We Go Again by Alison Cochran

The author of *Kiss Her Once for Me* returns with a new queer rom-com following once childhood best friends forced together to drive their former teacher across the country.

The House of Hidden Meanings by RuPaul

From international drag superstar and pop culture icon RuPaul, comes his most revealing and personal work to date—a brutally honest, surprisingly poignant, and deeply intimate memoir of growing up Black, poor, and queer in a broken home to discovering the power of performance, found family, and self-acceptance.



Library and Knowledge Services

Library Services

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslincslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslincslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>